

COMMON DENTAL EMERGENCIES AND WHAT TO DO

TOOTHACHE

- Rinse with warm salt water.
- Use floss to clean away any food or debris.
- Take an over-the-counter pain reliever (but don't apply it directly to aching area).
- Apply a cold compress to reduce any swelling.



KNOCKED OUT TOOTH

- Pick up the tooth by the crown (top).
- Clean it and reinsert it, if possible.
- If not, put it in a cup of milk or hold it between your cheek and gum.
- Call the dentist immediately.



CHIPPED/CRACKED TOOTH

- Rinse with warm salt water.
- Take an over-the-counter pain reliever, if necessary.
- Apply a cold compress to reduce any swelling.

